



Four Feathers Counseling.
HOPE FOR GENERATIONS



Multi-Systemic Therapy

Who would benefit from MST services?

Caregivers of youth (ages 12-17) who are at risk for out-of-home placement due to chronic/serious antisocial behavior, such as:

Verbal Aggression	Physical Aggression
Significant Property Destruction	Running Away
Substance Use/Abuse	Threatening/Posturing Behavior
Truancy/Suspensions/Expulsion	Criminal Behaviors

What sets MST apart from other services?

- MST is an evidenced-based treatment service
- MST therapists work directly with caregivers, so services are not reliant on the youth's engagement
- Caregivers are supported in building a wide variety of skills to develop powerful interventions for sustained behavioral change
- The MST model requires caregivers be committed to working with their therapist several times per week
 - Results can be achieved in 4 to 6 months!

MST program overview:

- Reduces long-term rates of criminal offending and out-of-home placement
 - Decreases delinquency by fostering change within the youth's ecology (family, peer, school, neighborhood, and informal support systems)
- Therapeutic strategies include strategic family therapy, structural family therapy, behavioral parent training, and cognitive behavior therapies

For questions about Four Feathers MST services or how to submit a referral, email Kris Molinari, MST Supervisor, at KrisM@FourFeathersCounseling.com
To learn more about MST and program outcomes, visit www.mstservices.com